

## Adult Co-ed Tuesday Dodgeball League

Join us for an evening of fun and participate in the exciting Dodgeball League. The league is for 18 and older.

**Registration Deadline:**  
Tuesday, January 17

**League & Tournament Play:**  
January 24 – March 20

**Team Captain's Meeting:**  
Thursday, January 19  
7:00 p.m.

Macedonia Recreation Center,  
501 Armstrong Street

**League Fee:**  
\$25 per team

**League Play Location:**  
Macedonia Recreation Center

### League Reminders:

- Minimum 7 players per team – including at least 2 female players
- 8 minute games,  
2 out of 3 matches win game
- 7 League Games Guaranteed
- Single Elimination Playoff will be played

**League information contact:**  
Macedonia Recreation Center  
380-2738

## Geezer Madness 3-on-3 Basketball Tournament



**Men's & Women's Divisions  
35 and older**



**Registration Deadline:**  
Saturday, March 10

**Double Elimination  
Tournament Play:**  
Saturday, March 17

**Tournament Fee:**  
\$5 per team

**Captains Meeting:**  
Thursday, March 15  
7:00 p.m.  
Armory Recreation Center

**Tournament Location:**  
Armory Recreation Center  
503 Carter Street, 380-2742

### League Reminders:

- 3 Players minimum, 6 player maximum per team
- Half Court Play
- 15 minute games, running clock

**League information contact:**  
Armory Recreation Center  
380-2742

## Adult Co-Ed Kickball Spring League "Not Just For Recess Anymore"

**Registration Deadline:**  
Monday, April 16

**Monday League Play:**  
April 23 – June 18

**Single Elimination  
Tournament Play:**  
Monday, June 25

**Team Captain's Meeting:**  
Thursday, April 19 – 7:00 p.m.  
Armory Recreation Center

**League Fee:**  
\$125 per team

**League Play Location:**  
League Play at Ridley Park

### League Reminders:

- Minimum 10 players per team – including at least 4 female players
- 8 League Games Guaranteed
- Single Elimination Playoff will be played

**League information contact:**  
Armory Recreation Center  
380-2742

## Columbia Parks & Recreation Programs

### Basketball Programs

#### Pre-school Soccer

### SWIMMING LESSONS

#### Movies In The Park

### Family Hayride • Volleyball

### Black History Celebrations

### You, Me & Wii

### Easter Egg Hunt • Bike Rodeo

### Fit 4 Lunch "A Midday Workout"

### Daddy Daughter, Mother Son Dance

### Summer Playground

### WALK FOR THE HEALTH OF IT

### Candyland • Cheerleading

### Dodgeball League

### Youth Cooking Class

### KidActive • OPEN GYM

### Adult Co-ed Kickball League

### NFL Punt, Pass & Kick

### Youth Garden • Basketball Camp

### Total Body Workout

### DONUTS & JUICE WITH SANTA

### Family Summerfest • Kite Fly

### NATIONAL RED RIBBON WEEK

### Touch A Truck • Cardio Training

### Ultimate Fitness Challenge

### UT Cooking School

### Columbia Seniors Twisters Club

### Halloween Events • K.O.O.L.

### Y.A.C. - Youth Activity Club

### MBL PITCH, HIT & RUN

## Membership Information

The Armory Recreation Center has a full size basketball court, punching and speed bag and a complete fitness center.

### Fitness Center Membership

The fitness center provides free-style weights, weight machines, benches and aerobic equipment including stationery bikes, treadmills, and cardio machines including an *Elliptical Cross Trainer and Concept II Rowing Machines.*

Membership Type	Individual	*Senior
Annual	\$75	\$55
6 Month	\$60	\$40
3 Months	\$40	\$30
1 Month	\$20	\$20
1 Day	\$3	\$3

\*Senior – 55 and older

\*Family Memberships are available with **annual** individual or Senior Membership package. The price for each additional family membership will be one half of the initial individual or senior membership fee. **Family memberships apply to annual memberships only.**

\*Family is defined as husband, wife, dependent children, or mother and father living at home.

[www.columbiatn.com](http://www.columbiatn.com)



## Parks & Recreation Department

# Adult Sports Leagues

## January – June 2012

**Armory Recreation Center**  
503 Carter Street  
(931) 380-2742

**Fairview Park Community Center**  
871 Iron Bridge Road  
(931) 380-2740

**Macedonia Center**  
501 Armstrong Street  
(931) 380-2738