



Columbia Parks & Recreation Department

2010 Spring Playground Program

Start Planning Today!

*The school Spring Break is
right around the corner!*

February 2010

Parents,

The City of Columbia Parks and Recreation Department is offering the **Annual Spring Playground Program** at Highland Elementary School. The program serves ages 5 – 12. The five (5) year old must be currently attending Kindergarten.

The staff has planned a great program with several local field trips per week, days packed with games, sports and creative activities. The program will be from 7:30 a.m. – 5:00 p.m. and follows the Maury County School Spring Break schedule, Wednesday, March 31 – Tuesday, April 13, 2010.

The registration deadline is *Wednesday, March 24, 2010.* A copy of the Parents Handbook and Registration forms are available on line: www.columbiatn.com.

If you need additional program or registration information, please contact the Columbia Parks and Recreation Department, 388-8119; Monday – Friday 7:30 a.m. – 3:30 p.m.

The department looks forward to serving you during the 2010 Spring Break.

Registration and Parent Handbook Information
www.columbiatn.com

Click department, click Parks and Recreation, click Quick Links – Program/Events Details, Click on Spring Playground Section.

Playground Dates & Fee*

*Schedule will follow the Maury County School Spring Break Calendar

Days	Dates*	Fee**
W, TH & F	March 31, April 1 & 2	\$36
M – F	April 5 – 9	\$60
M & T	April 12 & 13	\$24

**Each additional child will be \$10 less than listed above.

Sample Daily Schedule

(Subject to change)

7:30 – 9:00 a.m.	Arrival and Free Play
9:00 – 9:45 a.m.	Activity Session
9:45 – 12:00 p.m.	Field Trip or Activity Sessions
12:00 – 1:00 p.m.	Lunch and Free Play (bring your lunch)
1:00 – 2:00 p.m.	Arts and Crafts Activity
2:00 – 2:45 p.m.	Activity Session
2:45 – 3:15 p.m.	Snack Time (bring your snack)
3:15 – 3:45 p.m.	Activity Session
3:45 – 4:00 p.m.	Clean-Up
4:00 – 5:00 p.m.	Free Play and Departure

Field Trips Scheduled

(Subject to change)

Tuesdays - Bowling
Thursday - Glow Golf
Fridays - Skating



Registration Deadline:

Wednesday, March 24

Registration Locations:

Rainey House (Woodland Park)
821 West 9th Street
388-8119

Armory Recreation Center
503 Carter Center
380-2742



Columbia Parks & Recreation Department

Spring Special Events & Programs

Mule Kick 5K 1 Mile Family Trot Saturday, April 3, 2010

For More Information Contact:
YMCA of Middle Tennessee
931-540-8320 or
e-mail: rgraham@ymcamidtn.org
Register on line:
www.columbiacyclingclub.com/muleday5k

March & April Special Events

Men & Women's Ultimate Fitness Challenge

Participant in a series of fitness competitions including strength exercises, flexibility and timed agility speed events. Winners will be determined by the most points of the six (6) events.

Events

- | | | |
|-----------------------|--------------------------|-------------------|
| •Agility Speed Sprint | •Push-ups | •Shuttle Run |
| •Standing Long Jump | •Sit & Reach | •Obstacle Course |
| Saturday, March 13 | | 9:30 – 12:00 p.m. |
| \$5 per person | Armory Recreation Center | |

Community Kite Fly

Bring your favorite kite and join us for a community kite fly on a March Saturday afternoon. Darrel Teeple, radio controlled helicopter operator, will join in the aviation action.

Saturday, March 20 1:00 – 3:00 p.m.
FREE Woodland Park, Rotary Shelter Field



Easter Egg Hunt

Children, ages 3 – 10, will enjoy the Easter Egg Hunt at the Rainey House, Woodland Park. Bring your favorite Easter basket.

Saturday, March 27
3-5 year olds 10:30 – 10:45 a.m.
6 – 10 year olds 11:00 – 11:30 a.m.
FREE Woodland Park, Rainey House

“Road To the Final Four” Hot Shot Contest

The Hot Shot Contest challenges boys and girls, 7 – 17, basketball shooting and rebounding skills. Participants score as many points as possible from different point zones within 60 seconds. The highest score in each division wins.

Saturday, March 27 1:00 – 3:00 p.m.
FREE Armory Recreation Center



Community Trike Hike

This is a special event for children with tri-cycles, big wheels or training wheels! Bring your “wheels” to River Walk Park and join in the Community Trike Hike. Decorate your bike, ride River Walk Park and try your skills at the obstacle course.

Saturday, April 24 1:00 – 2:30 p.m.
FREE River Walk Park

Youth & Adult Programs

Youth Activities Club

Youth ages 6 – 12, will have time for homework, fun games, crafts and sports. The fun and upbeat atmosphere will encourage team work, builds friendships and community bonds.

M/T/TH 3:30 – 5:30 p.m.
FREE Fairview Recreation Center

RESERVED Youth Gym and Game Room Time

Youth, the GYM is reserved time for you! Check out a basketball or stop by the game room (Kids Zone) for table games and other daily activities.

M/TW/TH/F 4:00 – 5:00 p.m.
FREE Armory Recreation Center

After School Learning Program

This program, grades 1-6, provides homework time followed by activities: arts & crafts, sports, table and educational games.

M/T/TH 4:00 – 6:00 p.m.
FREE Macedonia Recreation Center

Youth Volleyball Program

This program allows youth, ages 8 – 12, the opportunity to learn basic volleyball fundamentals and skills followed by several games.

Wednesday 4:00 – 6:00 p.m.
FREE Macedonia Recreation Center

Columbia Twisters Toning and Exercise

The Columbia Twisters is a seniors group that meets three (3) times a week for fun, exercise and fellowship. Participants combine fun and exercise while improving their body movement, flexibility and balance.

M/W/F 10:00 – 11:00 a.m.
FREE Armory Recreation Center

Tennessee Shapes Up Cooking School

Join friends and neighbors at a series of nutrition and cooking classes conducted by the local UT Extension Office. Learn to plan nutritious and delicious low-cost meals for your family. Different recipes will be prepared at each class, and participants will get to sample the dishes.

Wednesday, March 10 10:00 – 11:30 a.m.
Wednesday, April 14 10:00 – 11:30 a.m.
FREE Fairview Recreation Center

Contact Information & Website

Columbia Parks and Recreation Department....388-8119

Armory Recreation Center.....380-2742

Fairview Park Recreation Center.....380-2740

Macedonia Recreation Center.....380-2738

www.columbiatn.com
Parks and Recreation Department